

How to Pray

Using the Lord's Prayer located in Matthew 6:9-13 and Luke 11:2-4, here are seven principles in which one can use to begin to develop a healthy prayer life.

- Acknowledge God as the Supreme Ruler of the universe.
- Worship God for being uniquely different giving him adoration.
- Ask for God's plan for our lives to have priority.
- Request God's provision for your needs.
- Confess our sins to God.
- Ask God for help in achieving victory over sin.
- Delight in God's Sovereignty and control trusting that He knows what is best for us.

Other tips on developing your prayer life:

1. Remember that prayer does not have to be intimidating or over extended.
2. Prayer is a simple language from your heart to the heart of God.
3. Prayer is a conversation, not a monologue. Talk to God and sit quietly and allow him to talk to you.
4. Prayer allows you to grow in friendship with God.
5. Prayer allows you to gain power from God.
6. Prayer moves us from our selfish requests to the submission of God's will.
7. Prayer allows us to approach God and lay our requests in faith at his feet.